

THE MOBILE MONK



M.L. Cerpok has shared tales of his incredible life journey with thousands of people since 1989 through lectures, seminars, and books. His humorous and energetic presentations start audiences on a path of self-discovery that lasts a lifetime. One unique aspect of his teachings is that the lessons can be tailored to meet the needs of any age group and for any type of organization. From elementary schools to universities, from government agencies to religious organizations, and from chambers of commerce to fundraisers, M.L. Cerpok will delight and inspire all!

"The training addresses every aspect of life... a spiritual and mental awareness which has effected my decision making in a positive way"

- A. F., Superior Court Judge

"The teachings instill strength, confidence, and a greater knowledge of self."

- Prof. Rachid Benkhalti

"I couldn't help but think, as my students reacted to your lecture, something profound was germinating within themselves."

- Prof. Brian McMorrow

"Our lives do not need to be seen as riddled with mystery and esoteric concepts. Rather, life should be experienced simply as it flows naturally towards resolution. It is we, as participants, who create disruption through our expectations and through pre-conceived notions of what life should be. In so doing, we often miss the most satisfying moments of our lives." - M.L. Cerpok

Popular Speaking Topics

Reinventing Yourself

Transforming Hardship into Success

Here are five things one must do to transition into a new and different vocation.

Anticipatory Expectations

Making Life Simple... Again

Life was easy, and then we grew up! Learn three steps a person can take to return to a simpler way of living.

The Corners of the Circle

Dealing with Transitions in Life

Change often sneaks up on us. But you can deal with change more effectively with these three simple techniques.

Media and Contact Info

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